

Saraland Elementary School

October 2019



Mon	Tue	Wed	Thu	Fri
National Lunch Week October 14th	1 Pizza, Broccoli w/ Cheese, Fresh Veggies	2 Sloppy Joe, Baked Beans, Oven Potatoes, Fresh Veggies	3 Breaded Beef Patty w/ Gravy, Cream Potatoes, Carrots, Fresh Veggies	4 Chicken Sandwich, Chips, Broccoli, Fresh Veggies, Cookie
7 Asian Chicken, Egg Roll, Rice w/ Veggies, Fresh Veggies, Cookie	8 Beef Sliders, Oven Potatoes, Broccoli, Fresh Veggies	9 Chicken Tacos w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	10 Salisbury Steak w/Gravy, Cream Potatoes, English Peas, Roll, Fresh Veggies	11 Hot Dog, w/ Chili & Cheese, Baked Beans, Oven Potatoes, Coleslaw, Brownie
14 Chicken Bites, Green Beans, Red Potatoes, Fresh Veggies	15 Pizza, Broccoli, Rice Krispy, Fresh Veggies	16 Fall Break	17 Fall Break	18 Fall Break
21 Corndog, Oven Potatoes, Baked Beans, Fresh Veggies	22 Chicken Sandwich, Chips, Broccoli, Fresh Veggies, Brownie	23 Chili Crispito w/ Cheese, Corn, Black Beans, Fresh Veggies	24 Meatball Sub, Green Beans, Chips, Fresh Veggies	25 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Cinnamon Bun
28 BBQ Rib Sandwich, Baked Beans, Coleslaw, Oven Potatoes, Fresh Veggies	29 Beef Tips w/ Gravy, Cream Potatoes, English Peas, Roll, Cookie	30 Chicken Bites, Green Beans, Fresh Veggies, Brownie	31 Nachos w/ Cheese, Corn, Black Bean Dip, Fresh Veggies	1 Pizza, Broccoli w/ Cheese, Rice Krispy Treat, Fresh Veggies

- ### Breakfast
- 1st Yogurt, Cinnamon Bun
 - 2nd Hot Cereal, Sausage Bites
 - 3rd Sausage Biscuit
 - 4th Hot Cereal, Pancake On a Stick
 - 7th Waffles, Sausage
 - 8th Yogurt, Cinnamon Bun
 - 9th Hot Cereal, Sausage Egg Bagel
 - 10th Sausage Biscuit
 - 11th Hot Cereal, Breakfast Pizza
 - 14th French Toast, Sausage
 - 15th Yogurt, Cinnamon Bun
 - 21st Pancake, Sausage
 - 22nd Yogurt, Cinnamon Bun
 - 23rd Hot Cereal, Eggs & Bacon Croissant
 - 24th Sausage Biscuit
 - 25th Hot Cereal, Breakfast Pizza
 - 28th Waffles, Sausage
 - 29th Yogurt, Cinnamon Bun
 - 30th Hot Cereal, Sausage Bites
 - 31st Sausage Biscuit
 - 1st Hot Cereal, Pancake On a Stick

Offered Daily with Meals:
 Cereal & Toast with Breakfast
 Lunch & Breakfast: Unflavored 1% Low Fat, Unflavored Skim, Fat Free Flavored Milk.
 Fruit & Juice served daily.
 Alternate Lunch Meal:
 Chef Salad
 Menu subject to change due to deliveries.

This institution is an equal opportunity provider